STAPLE HILL
SIGNPOST

FREE QUARTERLY MAGAZINE



CHRISTMAS 2026

LOCAL EVENTS

CHRISTMAS ACTIVITIES

EMPLOYMENT

COMMUNITY

EDUCATION

HEALTH AND WELLBEING

BROUGHT TO YOU BY

The Staple Hill Community Hub

South Gloucestershire Council

COMMUNITY FUND

Charity Number 1156184

The Staple Hill Community Hub

What's on at the Hub

Community Lunch Club

Mondays and Fridays at 12.15pm

A friendly community lunch club offering a freshly made home cooked meal and a warm welcome. Tasty and nutritious food at an unbeatable price: £3 main, £1 dessert. Open to everyone but **booking is essential**. Takeaways are also available!

📞 Call **01454 868374** to book

Job Searchers Support Group and Benefits Advisor

Mondays 2pm–4pm · Drop in

Offers one to one help with CV development, job searches, interview techniques, job application forms, IT skills and training and volunteering opportunities. **Benefits advisor: second Monday of the month. Booking is essential.**

📞 Call **01454 868374**

Friendship and Exercise Club

Tuesdays 10am–11.30am

Thursdays 10–11.25am & 10.55am–12.15pm

Gentle exercise, games, tea and coffee, make new friends. First session free, small charge thereafter.

📞 Spencer: **07825 155954**

Singing for the Brain

Tuesdays 1.45pm–3pm

Free music club for people living with dementia and Alzheimer's and their family and carers.

📞 Call Ben on **07910 668258**

Terrapins

Tuesdays 3.45pm–5pm (term time only)

Free after-school club for children aged 6–11. Sports, games, arts and crafts. Contact Barbara.

✉️ **barbara@turtlecyp.co.uk** 📞 **07510 380596**

Coffee Morning

Wednesday 10am–11am

Drop in for a free coffee/tea, cake/biscuit and a friendly chat. Open to everyone.

👋 Just drop in, **no need to book**

Staple Hill Sprouts

Thursdays 3.45–5pm, March to October (term time only)

Free nature group for children aged 6–11 years. Contact Barbara.

✉️ **barbara@turtlecyp.co.uk** 📞 **07510 380596**

Emergency Food Parcels

We provide emergency food parcels for residents in Staple Hill and the surrounding areas who are struggling to afford basic food supplies.

📞 Call us on **01454 868374**

Office space and community room available for hire

📞 Call us on 01454 868374

We are a local charity supporting people in Staple Hill and the surrounding areas. We offer affordable room hire to local groups and individuals who share our ethos.

South Gloucestershire Council · The Staple Hill Community Hub · Community Fund

Staple Hill Community Hub, 1a Berkeley House, Nelson Road, Staple Hill BS16 5HS
01454 868374 · hello@staplehillcommunityhub.org.uk · Charity No. 1156184

The Staple Hill Community Hub

New Chair Takes the Helm at Staple Hill Community Hub



Staple Hill Community Hub is delighted to welcome Tim Rawling as its new Chair of Trustees, taking over from William Lee, who steps down after many years of dedicated service. William isn't going far though, — he remains closely involved as Treasurer, helping ensure a smooth handover.

Originally from Yorkshire, Tim has made Staple Hill his home since 2001 and has spent much of that time getting stuck into local life. He served as Chair of Governors at Staple Hill Primary School from 2008 to 2018 and many will also recognise him from Page Park, where he spent years as Event Director of the junior parkrun.

The Hub plays a vital part in local life — bringing people together, helping build confidence and skills and making sure no one has to face hard times alone. Last year it directly supported 783 people, thanks to a small staff team, its trustees and 42 volunteers who gave over 1,800 hours between them.

Speaking about his new role, Tim said "There's a lot to be proud of here already and I'm keen to build on that. My job as Chair is to support the staff and volunteers who do the real work day in, day out and help set the Hub up for a strong future."

As Chair, Tim is looking forward to working alongside trustees, staff, volunteers and community partners to build on the strong foundations already in place — and to make sure the Hub continues to be a warm, welcoming space for everyone in Staple Hill.

Staple Hill Salvation Army is your lively local Christian Church. We welcome everyone into our church family whatever your age nationality or gender.

Staple Hill SA is a part of the worldwide Salvation Army now operating in 134 countries.

Christmas isn't Christmas without hearing the Salvation Army Band is it?

So why not look at what's happening and come and join in some of our activities?

We look forward to seeing you.

Contact Details:

Telephone: 0117 9569733

Website: www.staplehillsa.uk

Facebook: staplehillsa

Prayer requests: (email)
staplehillprayers@gmail.com

STAPLE HILL

BROAD STREET BRISTOL BS16 5LN

SPECIAL CHRISTMAS EVENTS 2026

Saturday 28th November
Christmas on the Hill
Our full range of activities will run from 10am – 2pm. Drop in and see what's going on.

Christmas Messy Church
Sunday 29th November 4pm – 6pm
A different opportunity to worship – great for families to explore the Christmas story using crafts, activities and fun. A cooked dinner is also available. No charge but donations are gratefully received.

Christmas Band Concert
Friday 4th December 7pm (tickets £5)
A concert featuring Staple Hill S A Band to be held **at St Marys Church Yate.** A chance to sing carols, hear good music and enjoy the start of Christmas.

Family Carol Service
Sunday 6th December 10.00am – 11.15am
A Nativity Service suitable for the whole family featuring the young people of our church.

Gift Service
Sunday 13th December 10am - 11.15am
All age worship with an opportunity to donate new toys and gifts for our Christmas appeal.

Community Carol Service
Sunday 20st December 5pm – 6.30pm
Our main carol service for the whole community. All our music groups participating.

Carols in the Square (Fountain Square)
Christmas Eve Carols with Major Colin and the band 5pm – 6pm

Christmas Day Worship 11am – 12noon
A relaxed worship meeting on the day itself – everyone welcome!

Every Sunday Morning 10am - 11.15am
All-age worship every Sunday - you are invited to join us.

CHRISTMAS ON THE HILL

YOUR LOCAL COMMUNITY EVENT

FIND UNIQUE GIFTS, HANDMADE CRAFTS,
FESTIVE TREATS AND FAIR RIDES

NOVEMBER 28TH

9 AM – 5 PM

STAPLE HILL HIGH STREET

FREE ENTRY – BRING YOUR FRIENDS & FAMILY!



Community Learning and Skills Service

South Gloucestershire Council

South Gloucestershire Community Learning

https://acl-south-glos.glideapp.io

Free Course App

*FREE Adult Courses 2026/27 - Staple Hill, Downend, Mangotsfield and Lyde Green

Course title	Venue	Date and times
Functional Skills English	Staple Hill Methodist Church	Times TBC - 30 weeks
Functional Skills maths	Staple Hill Methodist Church	Thursdays, 9.45 –11.45am. 30 weeks
Functional Skills maths	online	Tuesdays, 6.30 – 8.30pm 30 weeks
Maths for Everyday Life	Barley Close school, Mangotsfield	Thursdays, 6.30 – 8.30pm. 30 weeks
ESOL (English for Speakers of other languages) – lower level	Emerson's Green Village Hall	Wednesdays, 9.30- - 11.30am 10 weeks
ESOL (English for Speakers of other languages) – higher level	Lyde Green Community Centre	Thursdays, 10 – 12pm 10 weeks
ESOL Conversation Club - weekly	Staple Hill library	Starts Thursdays 11 – 12pm
Meal Planning to Avoid Food Waste	Staple Hill Methodist Church	Wed, 9.30 – 11.30am Starts Wed 4 Nov – 5 weeks
Using Word Processing workshop	Christ Church, Downend	Thurs 5 Nov, 9.30 – 11.30am
Using Spreadsheets workshop	Christ Church, Downend	Thurs 12 Nov, 9.30 – 11.30am
Using Presentations tools workshop	Christ Church, Downend	Thurs 19 Nov, 9.30 – 11.30am
Improving Digital Skills for Work & Further Learning	Christ Church, Downend	Thurs, 9.30 – 11.30am Starts Thurs 26 Nov – 10 weeks
Curious about AI workshop	Christ Church, Downend	Thurs, 9.30 – 11.30am. Date TBC
Gardening Skills	Page Park allotments	Wed, 9.30 – 11.30am Starts Wed 3 March '27 – 10 weeks
Intro to becoming a TA workshop	Staple Hill Methodist Church	Mon 8 March, 10 – 2pm
Making your Hobby Pay	Christ Church, Downend	Thurs, 9.30 – 11.30am Starts Thurs 8 July – 4 weeks

Contact Sam Jones, Development Worker with any queries

Phone: 07768 293842 or Email: samantha.jones1@southglos.gov.uk

www.southglos.gov.uk/communitylearning Or @sgloslearning

Ofsted Good Provider

*For adults aged 19+ with few or no qualifications; or experiencing other barriers to work. We will also need to see evidence of identity and eligibility for this course. Please contact us for further details

Funded by:

WEST OF ENGLAND MAYORAL COMBINED AUTHORITY

FREE

The Staple Hill Community Hub

CHRISTMAS PARTY



10 DEC AT 4PM-6PM 6-11 YEAR OLDS
FOR CHILDREN IN STAPLE HILL AND THE SURROUNDING AREA
MUST BOOK - NUMBERS LIMITED

FEATURING JOHNY G - CHILDREN'S ENTERTAINER
AND SPECIAL GUEST

Contact The Hub -01454 868374
hello@staplehillcommunityhub.org.uk
1A BERKELEY HOUSE, NELSON ROAD, STAPLE HILL, BRISTOL, BS16 5HS

CHARITY NUMBER 1156184

Christmas Jokes

Twelve groan-worthy gems for all the family. No peeking at the answers!

What do you call a snowman with a six-pack?
An abdominal snowman.

Why did Santa go to music school?
To improve his wrapping skills.

Who is Santa's favourite singer?
Elf-is Presley.

What do you call Santa when he stops moving?
Santa Pause.

Why did the turkey join the band?
Because it had the drumsticks.

How does Good King Wenceslas like his pizza?
Deep pan, crisp and even.

What do elves learn at school?
The elf-abet.

What did Adam say on the day before Christmas?
"It's Christmas, Eve!"

What do you call a reindeer with no eyes?
No-eye-deer.

What's the best Christmas present ever?
A broken drum. You just can't beat it!

Why did the Christmas tree go to the barber?
It needed trimming.

What do snowmen eat for breakfast?
Snowflakes.

🎉 **Pull a cracker, pick a joke, groan loudly!** 🎉

South Gloucestershire Council
Delivering with you

Turn your idea into a bright reality With a Small Sparks Grant

Apply for a grant of

£100-£500

to help improve your local community

Local groups and community organisations with an annual income under £50,000 can apply for a Small Sparks grant to support a local activity or event.

To find out more and apply, go to:
southglos.gov.uk/SmallSparksGrant

COMMUNITY WELCOME SPACES GRANT

Funds for Community Spaces

in South Gloucestershire

Up to **£500** per month

Community Welcome Spaces grant funding aims to support community groups working to provide our residents with a safe and friendly place.

Grant funding of up to £500 per month is available to organisations who wish to provide a Community Welcome Space on a first come, first served basis.

Who can apply?
Awards can be made to voluntary, community and social enterprise organisations and town and parish councils.

How to apply
If you have a community space that you would like to receive funding for, contact the grants team to ask for an application form.

More information?

https://beta.southglos.gov.uk/community-welcome-spaces-grant

Speak to the Grants Team, call **01454 865865**

Or email your query to **grants@southglos.gov.uk**

PAGE PARK ARTISAN MARKET



HANDMADE CREATIONS
ART • JEWELLERY • BAKES
POTTERY • GIFTS • CARDS
FOOD • FASHION
CANDLES • HOMEWARE

SATURDAY
17 OCT, 21 NOV
& 12 DEC
11AM TO 3PM

PAGE PARK ARTISAN MARKET

@PAGEPARKARTISANMARKET

DOWNEND FESTIVE MARKET

SUNDAY 13 DEC

10.30AM-2.30PM



DOWNEND FOOD MARKET

BADMINTON ROAD

DELICIOUS DISHES & TASTY TREATS
LOCAL MAKERS & LIVE MUSIC
FREE FESTIVE ACTIVITIES

@DOWNENDFOODMARKET

In partnership with South Gloucestershire Council – Delivering with you

Believe

A Christmas to Believe in

You are invited...

St Stephens Soundwell

A Christmas to believe in

Join us at St Stephen's Church Soundwell to celebrate the birth of Jesus in many wonderful ways this Christmas season. We would love to see you there!

- CHRISTMAS FAYRE → Saturday 5th of Dec 2-4pm
- Sunday 20th Dec 6.30pm ← CAROLS BY CANDLELIGHT
- FAMILY FUN CHRISTINGLE SERVICES → Thursday 24th Dec 2.30pm / 24th Dec 4pm
- Thursday 24th December 11pm ← MIDNIGHT COMMUNION
- CHRISTMAS DAY SERVICE → Friday 25th December 10am

Church Road, Soundwell, Bristol, BS16 4HR www.saintstephensoundwell.org
saintstephensoundwell ststephens_soundwellbristol

St Stephens Soundwell

citizens advice South Gloucestershire

Do you need advice?

on an issue affecting you?



A free advice drop-in session for Staple Hill and Mangotsfield residents

FREE no appointment needed

Former Staple Hill and Mangotsfield Parish Council Chair Cllr Ian Campbell and Yvonne Parks, Debt Adviser at Citizens Advice South Gloucestershire

Every Friday	Page Hall	Confidential
10am to 12 noon	Page Road, Staple Hill, BS16 4NE	independent and impartial advice

Trained advisers can give advice on housing, employment, benefits, debt and more.

Energy: find the cheapest tariff and resolve disputes with your provider.
Money Matters: budgeting advice to make your money go further.

SIGN UP ONLINE
www.southgloscab.org.uk

The new sessions are funded by Staple Hill & Mangotsfield Parish Council.

Sessions will close for two weeks for Christmas Day and New Year's Day, returning on Friday 8th January 2027.

We look forward to seeing you at a session soon.

CHEESE

COLD HOMES ENERGY EFFICIENCY SURVEY EXPERTS

Bristol and surrounding Not-for-profit

Thermal Imaging Survey



Do you have a cold home? Want to find out why?

- Enhanced thermal imaging survey with blower door
- Learn with the surveyor where cold gets in and what you can do about it. Time invested avg. 2-3 hours. Nov-March.
- FREE for those on a low income / receiving benefits *Until 31st March 2027
- For those that can pay: Renters - 80% discount Homeowners - 50% discount with Retrofit West Voucher *Until 31sts Dec 2026
- Receive survey on a USB stick (x2 for free surveys) to keep / pass onto landlord. Plus a checklist of thermal faults.



Bag of draughtproofing materials for free surveys

Be referred or register yourself

www.cheeseproject.co.uk | info@cheeseproject.co.uk

Staple Hill and Mangotsfield Parish Council

PARISH UPDATE AND FUTURE EVENTS

NEW PAGE COMMUNITY GARDEN OPENING 20TH NOVEMBER, 12–2PM

We are excited to announce the opening of our new community garden. We have partnered with the Page Community Association and worked alongside local contractors and volunteer groups to bring this derelict space to life. We were successful in our application to the National Lottery and South Glos Council to carry out the renovations. Applications for a planter plot (1.3m x 2.4m) are open to local community groups first, then the public. For an application form, please see our website.

Come along to our open day to explore the garden, enjoy refreshments and food, and take part in fun crafts for children.

FOUNTAIN SQUARE IMPROVEMENTS



Staple Hill & Mangotsfield (SHM) Parish Council supports the emerging Staple Hill High Street Place Plan and its vision for a greener, safer, more attractive and accessible town centre. The Plan proposes public art, increased planting and biodiversity, improved accessibility, more markets and events, and a renewed role for Fountain Square. Fountain Square improvements include so far:

- Sustainable ground planting with seasonal upkeep
- Curved seating in the square
- Planting around existing trees and repositioned benches to create more space for stalls, events and pedestrians
- Selected planters and benches relocated or removed
- Metered power point for future events

Successful delivery will depend on collaboration with South Gloucestershire Council, the Chamber of Trade, businesses, community groups, residents and other local organisations. A Parish Council spokesperson said: "We hope the Plan benefits Staple Hill High Street and the wider community. We support its direction and will work with partners to deliver practical, sustainable improvements." Consultation and stakeholder input have shaped the Plan.

See you at the Fountain Square Christmas event on Saturday 28th November 2026.

COMMUNITY GRANT SCHEME

Helping our local community

Visit our website for the full policy and application form.
www.staplehillandmangotsfield-pc.gov.uk

- ★ **Groups can apply for grants NOW!**
- ★ **New and existing groups will be considered**
- ★ **Grants will be assessed by councillors**

Each year, the Parish Council will set aside a fund for community groups and organisations to assist with local events and projects that benefit the residents of Staple Hill and Mangotsfield.

Staple Hill and Mangotsfield Parish Council



STAPLE HILL RUNNERS

- Friendly and welcoming local running group for over 16s
- Sessions to improve running ability of all, from beginners to experts, guided by England Athletics qualified leaders and coaches
- **Every Thursday 6:30pm to 7:30pm.** Meet at Page Park main entrance (by Teewell Hill traffic lights)
- **Absolutely free!**

Find out more and register:
groups.runtogether.co.uk/StapleHillRunners
StapleHillRunners@gmail.com
Or find us on Facebook



Classes @ the NEST

Bean Tree Café, Page Park
Staple Hill BS16 5LB

MONDAYS

9:45–10:30 — **TOTAL BODY FITNESS**
Low impact with Barre, Pilates, conditioning. £5 drop in. Text Melody on 07503 159323

12:30–14:00 — NEW **MUSIC TRAIN**
FREE live music, open to all. 7th & 21st Sept, 5th & 19th Oct, 16th Nov

15:00–16:00 — **U3A TABLE TENNIS**
www.bristol.u3asite.uk/find-a-group

18:00–18:45 — **FITNESS YOGA FOR FLEXIBILITY AND STRENGTH**
www.urban-yoga.net

19:00–20:00 — **DEEP STRETCH YOGA**
www.urban-yoga.net

TUESDAYS

9:30am — NEW **CHARLIE'S CHEERY TUNES**
Toddler music class.
www.happity.co.uk/charlie-s-cheery-tunes

11:30am — FREE **WALKING WELL**
Meet at the clock tower.
friendsofpageparkbs16@gmail.com

19:00 — **LADIES SELF DEFENCE**
8th Sept, 6th Oct. £5. Susie 07886 793972

WEDNESDAYS

9:15–10:00 — **BYO BABY FITNESS**
Low impact with Barre, Pilates, conditioning for parents/carers & babies welcome. £5 drop in. Text Melody on 07503 159323

11:30–12:20 — **BEAN STORK'S BABY MASSAGE**
www.beanstork.co.uk

THURSDAYS

9:15–10:00
19:00–20:00
20:00–21:00 — **PILATES**
£9.50, advanced booking required. mfr-pilates@outlook.com

10:30–11:05am
11:15–11:50am — **ROCK OUT BABY**
The 11:15am session is for under 1s. Booking info: www.rockoutbaby.com

13:00–14:30 — **BRISTOL AFTER STROKE APHASIA GROUP**
4th Thursday of the month.
www.bristolafterstroke.org.uk

14:00–16:00 — **U3A DAYTIME DISCO**
3rd Thursday of the month.
www.bristol.u3asite.uk/find-a-group

16:15–16:45
17:00–17:30 — NEW **ZUMBA KIDS**
4–6 yrs (16:15) and 7–11 yrs (17:00).
victoriafeltham@hotmail.com

FRIDAYS

9:45–10:30 — **TOTAL BODY FITNESS**
Low impact with Barre, Pilates, conditioning. £5 drop in. Text Melody on 07503 159323

10:30am — FREE **WALKING WELL**
Meet at the clock tower.
friendsofpageparkbs16@gmail.com

13:00–14:00 — **UKULELE WITH BEN**
£5. ben@ukulelewithben.com, 07910 668258

WEEKEND

Sundays 9:15am & 10:30am — **PRESS PAUSE YOGA WITH PIPPA**
Free outdoor sessions at 10am from May to Sept. pippayar@hotmail.co.uk

4th Sunday 19:30 — **DEEP STRETCH, CORE AND MOBILITY**
£5. Fourth Sunday of the month. Text Melody on 07503 159323

HALL HIRE To enquire about booking our hall, email **nestpagepark@gmail.com**

Energy Help Desk

ELCoE



Struggling with energy bills?

Want to make your home warmer?

Curious about energy efficiency?

We can help with tips, materials, & info on financial support

@ The Salvation Army
Staple Hill on Tuesdays 10–1pm

scan me for more info

ELCoE

We're a local BS16 community group working to make clean and affordable energy accessible to everyone

COMMUNITY FUND

www.elcoe.co.uk/energy-help-desk/

South Gloucestershire Council

Loan Sharks

You're Not Alone.
You're Not in Trouble.

Borrowed from an illegal lender? Free, confidential help is available.

What is a loan shark?

If you've borrowed from a loan shark, the fear of falling behind, or of threats and harassment, can feel overwhelming. But you are not the one in trouble. The loan shark is. They are the ones committing a crime.

A loan shark is anyone who lends money without authorisation from the Financial Conduct Authority (FCA). They often start out friendly, like part of the community: a regular at the pub, a parent at the school gate or a friend of a friend. When you can't pay, the mask slips. Interest and penalties pile up, and threats or violence can follow.

Warning signs

- No paperwork or agreement
- Refusing to give you information about the loan
- Keeping your passport or bank card until you've paid
- Taking your belongings if you pay late
- Adding charges so the debt never goes down
- Intimidation or violence

They also operate online. Never share card details, account details or personal documents with people you don't know or trust.

Where to get help

Stop Loan Sharks: 24-hour confidential helpline
0300 555 2222
www.stoploansharks.co.uk (live chat 9am to 5pm, Monday to Friday)

StepChange	Free, expert debt advice at **www.stepchange.org**
Your local credit union	A safe, legal alternative. Find yours at **www.findyourcreditunion.co.uk**
Check before you borrow	Make sure a lender is authorised at **register.fca.org.uk**



Smokefree South Glos

Face-to-face clinics now available at the following locations:
YATE ● STAPLE HILL ● THORNBURY ● PATCHWAY

Receive personal support through regular 1-to-1 sessions with a trained stop smoking advisor. We can provide free guidance and support across a 12-week programme and help you access e-cigarettes and Nicotine Replacement Therapy to help you quit smoking for good.

TO BOOK YOUR FREE SESSION:

- Text your name and the word **"READY"** to **80011**
- **01454 865337**
- **oneyou.southglos.gov.uk** for more information

Christmas Word Search

31 words are hidden in the grid: across, down, diagonally and backwards. But beware, one word on the list is not in the puzzle at all.

E G K S P I N S R A P G N I D D U P L N
L S P A S S L E S N I T A N E D E A O R
E G R T M S E T G N A N A L O S D T H N
G T E A T B S R I A N N S E T V T Y E S
N B S L G G L E N T E H T A E R W R E T
A A E O N N O E G I S E R N L T I R T U
E U N P I I R D E V S F T N T T P E E F
E B T I B K A N R I P R N E S E R B A F
M L S H O C C I B T Y A E L I G A N T I
U E E C R O L E R Y A L E K M A E A N N
I C S H N T L R E O L R L O C E V R E G
E G D C E S I E A E A H E O Y A R C E A
N O E O E N I W D E L L U M H Y R I R R
N N E G R N R P E I E I R L T G R C G T
O G O E L C I C I B N N S S I H E S R P
N G T H I O T T E S N I O P G N A N E N
I E A T N A S P F A R R H I M O N G V K
C H E S T N U T S Y F Y E K R U T S E E
O D I N A M W O N S O L R S S F S B L N
S P R O U T S T R I S S N N S D I P L V

Words to find

ADVENT
ANGEL
BAUBLE
CAROLS
CHESTNUTS
CHIPOLATA
CRACKERS
CRANBERRY
EGGNOG
EVERGREEN
FROSTY
GINGERBREAD
HOLLY
ICICLE
MISTLETOE
MULLEDWINE
NATIVITY
PARSNIPS
POINSETTIA
PRESENTS
PUDDING
REINDEER
ROBIN
SANTA
SLEIGH
SNOWMAN
SPROUTS
STOCKING
STUFFING
TINSEL
TURKEY
WREATH

Win a £10 shopping voucher!

One word on the list isn't hidden in the puzzle. Find the missing word and send it to us:

Email hello@staplehillcommunityhub.org.uk or call The Hub on 01454 868374

Staple Hill Community Hub, 1a Berkeley House, Nelson Road, Staple Hill, BS16 5HS

The Staple Hill Community Hub

CLOSED FOR THE HOLIDAYS

FRIDAY 18TH DEC – SUNDAY 3RD JAN

The Staple Hill Community Hub

EMERGENCY FOOD PARCELS

Call to arrange
01454 868374



Emergency food parcels are available for local people in financial difficulty

NO REFERRAL NEEDED

- 1a Berkeley House, Nelson Road, BS16 5HS
- Mondays – Thursday
- 10 AM to 4 PM
- 01454 868374 or hello@staplehillcommunityhub.org.uk

The Staple Hill Community Hub



The Staple Hill Community Hub

Visit us: 1a Berkeley House, Nelson Road, Staple Hill, BS16 5HS
Call: 01454 868374 · **Email:** hello@staplehillcommunityhub.org.uk
Registered Charity No. 1156184

COMMUNITY FUND

The Staple Hill Community Hub

Local Information

for Staple Hill and Mangotsfield residents

Emergency	Non-emergency police
999	**101**

🏛️ Your Local Councillors

Councillor Ian Boulton
Phone: **07562 437 598**
ian.boulton@southglos.gov.uk

Councillor Katie Cooper
Phone: **07790 039332**
katie.cooper@southglos.gov.uk

Councillor Michael Bell
Phone: **07742 400470**
Michael.bell@southglos.gov.uk

🗓️ Surgeries: 3rd Saturday of the month, Staple Hill Library, 11–12 noon

👩‍💼 Local MP

Damien Egan
Phone: **0117 403 1581**
damien.egan.mp@parliament.uk
www.damienegan.com

🏠 South Gloucestershire Council

Anti-Social Behaviour Team
Phone: **01454 868582** or **01454 868751**
Post: PO Box 1954, Bristol, BS37 0DD
Email: communitysafetyteam@southglos.gov.uk (for DVA queries)

StreetCare
Phone: **01454 868000** (24 hours, 7 days a week)
Report online: www.southglos.gov.uk/general-information/online-services/report/
Or use FixMyStreet: www.fixmystreet.com

👮 Neighbourhood Policing

Online form:
www.avonandsomerset.police.uk/your-area/staple-hill-and-new-cheltenham/

💛 Support services

Victim Support
Local (10am–4pm weekdays):
0300 303 1972
24/7 national line:
0808 16 89 111
avonandsomerset@victimsupport.org.uk

Young victims
Aged 5–18 (up to 25 with additional needs)
01275 884488
help@youngvictims.org.uk

Next Link Plus
South Gloucestershire
Freephone: **0800 4700 280**
southglos@nextlinkhousing.co.uk
www.nextlinkhousing.co.uk/southglos/

National Domestic Violence Helpline
0808 2000 247 (24 hours)

SARSAS (sexual assault support)
0808 801 0456
or
0808 801 0464

Citizens Advice South Gloucestershire
Freephone: **0808 278 7947**
Face-to-face drop-in, Staple Hill & Mangotsfield: Fridays, 10–12

Staple Hill Community Hub, 1a Berkeley House, Nelson Road, Staple Hill BS16 5HS
01454 868374 · hello@staplehillcommunityhub.org.uk · Charity No. 1156184